## **FINANCIAL STATEMENTS**

## FOR THE PERIOD ENDED 30<sup>TH</sup> SEPTEMBER 2018

REGISTERED CHARITY NUMBER: - 1175672

R J FRANCIS AND CO. Chartered Accountants & Registered Auditors Marshall Business Centre Faraday Road Hereford HR4 9NS

## Trustees for Financial Year 2017/18

Chair

Ping Tan

Treasurer

Milind Bhagwat

Secretary

Krupa Srivastava

The above Trustees were appointed on registration of the Charity, 10th November 2017.

Peter Bell and Marilyn Collins resigned 17th October 2018.

## Other Trustees Serving throughout the year

Andrew Forbes Ajay Kapoor Vimal Patnaik Vimal Prakash Alex Reveley Rewa Mandnikar Gideon Sawyer Uma Maheshwari

The above Trustees were appointed 17th October 2018.

**Registered Charity** 

1175672

**Registered Office** 

Walnut Tree Manor Haughley Green Haughley Stowmarket Suffolk, IP14 3RQ

**Accountants** 

RJ Francis & Co Limited Marshall Business Centre

Faraday Road Hereford, HR4 9NS

**Bankers** 

**HSBC** 

88 High Street

Hanham

Bristol, BS15 3EJ

# TRUSTEES' ANNUAL REPORT

# FOR THE YEAR ENDED 30<sup>TH</sup> SEPTEMBER 2018

CONTENTS:	PAGE
Trustee's Information	1
Trustees' Annual Report	2 - 3
Independent Examiners Report	4
Statement of Financial Activities (Incorporating the Income and Expenditure Account)	5
Balance Sheet	6
Notes to the Financial Statements	7 - 9

#### TRUSTEES' ANNUAL REPORT

The trustees present their report and the financial statements of the charity for the period ended 30<sup>th</sup> September 2018.

**AIMS and Charitable Purposes** 

The Vipassana Trust (Dhamma Sukhakāri) exists to advance human happiness through the teaching of principles established by the late Sayagyi U Ba Khin. These include the practice of Vipassana meditation: a technique for developing concentration, insight and higher standards of morality that was originally taught by the Buddha.

**ACTIVITIES - Meeting our Charitable Purposes** 

During the period under review the Trust had purchased our property and spent this time developing the site to make it suitable to run courses. Vipassana meditation courses will be provided for adults and Anapana meditation courses are provided for children and young people. The Trust's activities will be based at our residential centre.

**Note:** 10-day courses are the standard introduction of the technique to adult students; 'old' students, that is those who have already completed a course in this tradition, may participate in these courses as well as in others that are shorter or longer.

A Vipassana course for an adult is a rewarding but often demanding experience. The Trust has a thorough application process to ensure that applicants understand the nature of what they are undertaking and have a good chance of benefiting from their commitment of time and effort.

#### RECENT ACHIEVEMENTS

The trust was established as a CIO (Charity Incorporated Organisation) on 10<sup>th</sup> November 2017 with the view of purchasing Walnut Tree Manor. This was completed in January 2018.

An enormous amount of work has been carried out by volunteers and contractors from then up until we held our first course in October 2018. The aim of this and the continuing development work is to make the site suitable for holding three and ten day course for 80 students and 30 servers.

This has included the following:

- The roof of the Manor House was not suitable and was replaced at the cost of £47,000.
- The kitchen and dining areas were refurbished and a walk in cold room created at a cost of £32,000.
- The centre was running on electric heating which would have cost several tens of thousands in running costs. A district heating system was installed with underfloor heating in the Dhamma Hall and Coach House and radiators in all other accommodation for a cost of £220,000.
- New paths have been created across the site for easy access at a cost of £13,000.
- The Dhamma Hall and the accommodation blocks have been remodelled and developed at a cost of £224,000 to include comfortable lodging and bathroom/shower facilities.
- The accommodation has been decorated and carpeted with new curtains. New purpose-built solid bunk beds have been acquired to provide sufficient head room. This household improvement has cost £54,000.

As noted below and in the accounts, the Dhamma Dipa Trust has been very generous with financial assistance with these exciting developments.

Financial Support from Vipassana Trust

We are most grateful to the financial support from Dhamma Dipa (a branch of the separate Vipassana Trust) during the period which has included:

- giving one off Dana (donation) of £300k
- monthly support of £3k since January 2018 (£27k in the reporting period)
- committing to donate the proceeds of the sale of the Saxmundham property and the resultant funds surplus on the East Anglia Branch Account (fund balance including the net book value of property £261k) including forgiving a debt incurred to Dhamma Dipa to assist with the purchase of the old centre at Saxmundham of £84k
- establishing a Second Centre Fund prior to the set-up of the new Dhamma Sukhakāri Trust and giving those funds to the new trust (£35k given so far)

#### **FUTURE STRATEGY**

Dhamma Sukhakāri aims to facilitate the spread of Dhamma, as taught by SN Goenka, in the UK.

- provide a full programme of Vipassana meditation courses for adults and Anapana meditation courses for children and young people at Dhamma Sukhakāri
  - support Vipassana meditation and related activities across the UK and elsewhere

#### FINANCIAL STATEMENT

The incoming resources for the year amounted to £790k and £25k leaving a surplus of £765k

#### TRUSTEES' ANNUAL REPORT

#### **ORGANISATION**

Management of the Trust's affairs is by a Board of Trustees. The charity is controlled by its governing document, this registered the charity as a CIO with the Charity Commission on 10<sup>th</sup> November 2017.

No charges are made for attending courses, either by way of fees or accommodation expenses, and donations are accepted only from students who have successfully completed a 10-day course. It is made clear to all participants that these donations are not payment for the teaching and accommodation that they have received, but contributions towards the costs of providing courses in the future for others to attend. The donations are called 'dana' (a Pali word). Donations given at the end of a course (course dana) are the main source of funding for the Trust, which also receives donations by way of monthly standing orders and one-off donations. We also receive student loans of varying amounts and duration.

Teaching and serving (working) on courses is always done on a voluntary basis. The day to day running of the centre is done by volunteers.

#### **RESERVES POLICY**

The Trustees operate a policy of retaining sufficient funds to meet the anticipated running costs of the organisation.

#### FINANCIAL MANAGEMENT & RISK REVIEW

The finance committee regularly scrutinises the financial situation by way of regular income and expenditure review, cash flow statements and forecasts. We aim to be prudent in our financial management with regards to commitments to future expenditure.

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Charity SORP. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 24th June 2019 and signed on its behalf by:

Ping Tan

Trustee, Chair

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF VIPASSANA TRUST (DHAMMA SUKHAKARI)

I report on the accounts of the Trust for the period ended 30<sup>th</sup> September 2018 which are set out on pages 5 to 9.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met;

or

to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

MR RJ FRANCIS

On behalf of RJ Francis & Co Limited

Marshall Business Centre

Faraday Road Hereford HR4 9NS

24th June 2019

# STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING THE INCOME & EXPENDITURE ACCOUNT)

## FOR THE PERIOD ENDED 30<sup>TH</sup> SEPTEMBER 2018

Ne	ote	Unrestricted Funds £	Total Funds £
INCOME AND ENDOWMENTS FROM:			
Donations and Legacies Other Income	2 3	782,283 8,086	782,283 8,086
		790,369	790,369
RESOURCES EXPENDED:		-	
Costs of charitable activities	4	24,890	24,890
TOTAL RESOURCES EXPENDED		24,890	24,890
NET WOOMING DESCUES	-	705 470	705 470
NET INCOMING RESOURCES	5	765,479 ————	765,479
TOTAL FUNDS CARRIED FORWARD		£765,479	£765,479

The Statement of Financial Activities includes all gains and losses in the period and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

## BALANCE SHEET

## 30<sup>TH</sup> SEPTEMBER 2018

1	Note			£	<u>2018</u>	£
FIXED ASSETS						
Tangible Assets	6				1,488,2	213
CURRENT ASSETS						
Debtors Cash at Bank and in hand	7			82,930 67,903		
			3:	50,833		
CREDITORS: Amounts falling due within one year	8		2	73,564		
NET CURRENT ASSETS					77,2	269
TOTAL ASSETS LESS CURRENT LIAE	BILITIES		٠		1,565,4	482
CREDITORS: Amounts falling due after more than one year	9	*			(800,	003)
NET ASSETS		,			£765,	479
<u>FUNDS</u>	,					
Unrestricted Income Funds	10				765,	479
TOTAL FUNDS					£765,	479

The financial statements were approved and signed on behalf of the board on 24th June 2019.

Ping Tan

Trustee

Chair

#### NOTES TO THE FINANCIAL STATEMENTS

## FOR THE PERIOD ENDED 30TH SEPTEMBER 2018

#### 1. ACCOUNTING POLICIES

#### a) Basis of preparing the financial statements

The financial statements have been prepared in accordance with the charities SORP (FRS 102) 'Accounting and Reporting by charities applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

### b) Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

## c) Depreciation Policy

The first accounting period was used for refurbishment and development and therefore no depreciation has been charged

#### d) Resources expended

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for expenditure. The charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT and is reported as part of the expenditure to which it relates.

#### e) Foreign Currency

Transactions in foreign currency are recorded at the rate on the day when the transaction is made. Monetary assets and liabilities denominated in foreign currencies at the balance sheet date are translated at the closing exchange rates on that date; any exchange differences are recognised in the profit and loss account.

#### f) Taxation

The charity is exempt from tax on its charitable activities

## g) Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted Funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the Financial Statements.

2.	DONATIONS AND LEGACIES	Unrestricted Funds £	Total Funds £
	Donations	782,283	782,283
3.	OTHER INCOME	Unrestricted Funds £	Total Funds £
	Foreign Exchange Gains	8,086	8,086
			-

## NOTES TO THE FINANCIAL STATEMENTS

## FOR THE PERIOD ENDED 30TH SEPTEMBER 2018

4.	COST OF CHARITABLE ACTIVITIES	Unrestricted Funds £	Total Funds £
	Cost of Charitable Activities	24,890	24,890
	Cost of Charitable Activities includes:	Unrestricted Funds £	Total Funds £
	Accountancy Fees	1,350 ———	1,350

## 5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the Period Ended 30<sup>th</sup> September 2018.

Trustees Expenses

There were no trustees' expenses paid for the Period Ended 30<sup>th</sup> September 2018

6.	TANGIBLE FIXED ASSETS	Land & Buildings £	Motor Vehicle £	Total £
	Cost Additions Disposals	1,485,763 -	2,450	1,488,213
	At 30 <sup>th</sup> September 2018	1,485,763	2,450	1,488,213
	<u>Depreciation</u> Charge for the Year			-
	At 30 <sup>th</sup> September 2018	<del></del>	-	-
	Net Book Value			
	At 30 <sup>th</sup> September 2018	1,485,763	2,450	£1,488,213
7.	<u>DEBTORS</u>			2018 £
	Prepayments Accrued Income			3,750 279,180
				282,930
8.	CREDITORS: Amounts falling due within one year			
	Trade Creditors Credit Cards Accruals Student Loans Mortgage			33,497 5,103 2,614 210,000 22,350
				£273,564

## NOTES TO THE FINANCIAL STATEMENTS

## FOR THE PERIOD ENDED 30<sup>TH</sup> SEPTEMBER 2018

9.	CREDITORS: Amounts falling due after more than one year		2018 £
	Bank Loan: Due within 1-2 years Due within 2-5 years Due after 5 years		47,330 76,148 423,023
			546,501
	Student Loan Due within 1-2 years Due within 2-5 years Due within 5 years		153,502 100,000
			253,502
			800,003
10.	MOVEMENT IN FUNDS		
		Incoming Resources	Balance at 30 <sup>th</sup> September 2018
	· ·	£	<u>2018</u> £
	Unrestricted Income Funds	765,479	765,479
		765,479	765,479
	DEL ATER DARTATRANIOA OTIONIO		

## 11. RELATED PARTY TRANSACTIONS

We do not consider that there were any related party transactions requiring disclosure for the Period Ended 30<sup>th</sup> September 2018.

## 12. CAPITAL COMMITMETNS

The trust is committed to improving the centre so that it is more suitable to run 10 day Vipassana Medication Courses. It is, of course, constrained by the availability of funds and the cash flow projections are monitored carefully with this regard. This has allowed the trustees to spend around £240k on improvement and other work in the period from October 2018 to May 2019, while ensuring the financial sustainability of the organisation.

There were no other capital works for which contracts had been approved by the trustees.